

Age-Friendly Communities of the Food Resources During the COVID-19 Pandemic for Older Adults in

Arrowsic, Bath, Georgetown, Rhinnsburg, West Bath
Senior/Older Adult Hours at area grocery stores: (Includes those with compromised immune systems and pregnant women as well).

- Brackett's Market IGA : Tuesday and Thursday from 7 to 8 am.
- Shaw's: Tuesday and Thursday from 7 to 9 am



Grocery curbside pick-up: Bath Natural Market, located at 36 Centre Street, Bath, Maine, 207-442-8012, takes orders via email and calls you with a pick-up time Monday to Friday 10 am to 4 pm, email bathnaturalmarketorders@gmail.com. Pictures of items in stock are on their website and Facebook page.

Meals on Wheels: Call 207-607-4406. For people who are age 60+ and homebound now due to COVID-19 risk issues. Run by Spectrum Generations. Many deliveries by the Sagadahoc Cty Sheriff's department.

The Bath Area Food Pantry: Located at 807 Middle Street, Bath, Maine. For information, call 207-737-9289. Or email to: kfgates@gwi.net. Some limited delivery available. Donations welcome.

- For Groceries - pick-up at curb on Tuesday and Thursday from 5-7 pm.
- For bagged meals - Tuesdays from 12 to 2 pm. Bag contains 5 meals: one hot meal, another prepared meal and 3 frozen meals.

The Neighborhood Café, (in the Neighborhood UCC Church) located at 798 Washington Street, Bath, Maine. Info at 443-2187 or theneighborhood798@gmail.com. Offering to-go meals curbside Tuesday evenings, 4:30 to 5:30 pm. Donations welcome.

The Bath United Methodist Church, located at 340 Oak Grove Avenue, Bath, Maine. Call in advance 207-443-4701. To-go dinner on Wednesday from 4 to 5:30 pm. Can deliver in Bath. Donations welcome.

Bath Salvation Army Center, 25 Congress Street, Bath, Maine. Please call ahead to 207-443-3611 so a food box can be prepared for you. Curbside pick-up is available Monday, Wednesday and Thursday 10 am to 1 pm. Some delivery to vulnerable elders. Donations welcome.

Bath Farmer's Market - Now out at the Waterfront Park in Bath, Maine. Every Saturday from 8:30 am to 12 noon. Contact <http://bathfarmersmarket.com>. Will take SNAP.

Delivery Service: Delivery is currently very limited at Shaw's and Hannaford's. It may still be available at Walmart for groceries. Don't be afraid to ask a friend, neighbor or loved one.

You may find more resources through your city/town hall or by calling 211.

Sagadahoc County Community Connection Check-In Program is a great way for homebound folks to stay connected via daily check-in calls from Sagadahoc County

staff and get help with basic needs. Register with Grainne Shaw at 207-449-0185 or gshaw@sagadahoccountyme.gov.

The MerryMeeting Food Council is a great information source, with Community Nutrition Resource Guides for each town/city in our region at www.merrymeetingfoodcouncil.org/mfc-guides.

Prepared 4/16/2020, by Phyllis Bailey of the *Age Friendly Communities of the Lower Kennebec (AFCLK)*. Send edits to pbailey@cityofbath.com. Like AFCLK on Facebook. Email us at agefriendlylowerkennebec@gmail.com or contact us at 443-1573.